PSALM

69

LXIX

Imprecatory Lament Turning

Psalms of David · Book II · Psalms That Call for Justice

"For the Chief Musician. To the tune of "Lilies." By David."

PICTURE WORD

Deep Waters

IN ONE SENTENCE



inking in deep waters, the zealous and hated sufferer cries to God for rescue, vowing thanks when he is saved.

Remember it: Sixty-nine: up to my neck in deep waters, zeal for God's house consumes me.

MEMORY VERSE

For the zeal of your house consumes me. The reproaches of those who reproach you have fallen on me.

Psalm 69:9 · World English Bible

HEBREW WORD

קִנְאַת

"zeal" · verse 9

In the Psalms: three times, in 3 psalms

קִנְאָה means "zeal" or "jealousy," a burning passion that will not share what it loves. It is the root behind God's name as a jealous God in Exodus 20. The sufferer is so devoted to God's house that the passion burns him up, and John 2:17 applies this verse to Jesus cleansing the temple.

HOW THE PSALM MOVES

1–4	Sinking in deep waters, he is hated without a cause.
5–12	He bears reproach for God's sake; zeal for God's house consumes him.
13–21	He begs rescue; enemies give him vinegar for his thirst.
22–28	He asks God to bring justice on his persecutors.
29–36	He vows a song of thanks; God will save Zion.

IN THE NEW TESTAMENT

v. 4 → **John 15:25** They hated me without a cause.

v. 9 → **John 2:17** Jesus cleanses the temple: zeal for your house consumes me.

v. 9 → **Romans 15:3** Christ did not please Himself; He bore our reproach.

v. 21 → **Matthew 27:34** At the cross they give Him vinegar to drink.

v. 22–23 → **Romans 11:9–10** Let their table become a snare: Israel's hardening.

v. 25 → **Acts 1:20** Judas' place is left empty.

Listen. Hear Psalm 69 sung in the **Psalm Song** app, or free at **ispress.de/psalms/69**.

Cantillated. Sung: chanted back and forth between a leader and the people.

Crying Out in Distress · The King & the Messiah

FILL IN THE BLANKS

Sinking in deep _____, the _____ and hated sufferer cries to God for rescue, vowing _____ when he is saved.

CHECK YOURSELF

1. How high have the waters come?

- (A) To my knees
- (B) To my waist
- (C) Over my head
- (D) Up to my neck

2. What does the zeal of God's house do to the psalmist?

- (A) Consumes him
- (B) Makes him rich
- (C) Gives him rest
- (D) Makes him proud

3. What was he given to drink in his thirst?

- (A) Water from the rock
- (B) Vinegar
- (C) Wine and milk
- (D) Nothing at all

TALK IT OVER

1. The New Testament quotes this psalm many times about Jesus. Which lines remind you of his suffering?

2. Why does a song of thanks please the LORD more than an ox or a bull?

3. When have you felt you were sinking, and what does this psalm teach you to pray then?

IN YOUR OWN WORDS: WHAT DOES PSALM 69 TEACH?

- ☐ I listened to the song
- ☐ I can say what it teaches
- ☐ I can say verse 9 by heart
- ☐ I know the picture word

Answers Blanks: waters · zealous · thanks · Check yourself: 1. D (v. 1) · 2. A (v. 9) · 3. B (v. 21)